



DIET. ELİF NİDA ZAFER

HEALTHY NUTRITION AND DIET

CONTACT INFORMATION

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EDUCATION

2013- 2017: Acibadem University Faculty of Health Sciences
Department of Nutrition and Dietetics

WORK EXPERIENCE

2022- Now Esteworld Plastic Surgery Health Group

2019-2021- Acibadem Maslak Hospital / Dietitian

2018-2019- Acibadem Sports Sports Health Center / Sports
Dietitian

2018-2019- Acibadem Etiler Medical Center / Outpatient
Clinic Dietitian

2017-2018- Acibadem Atakent hospital / Clinical Dietitian

FIELDS OF STUDY

Nutrition of Hematology Patients

Nutrition in Thyroid Diseases

Nutrition in Gastrointestinal Surgery

Nutrition in Gynecological Diseases

Nutrition of Pregnant And Lactating Mothers

Nutrition of Diabetic Patients

Nutrition of Organ Transplant Patients

Nutrition of Pediatric Bone Marrow Transplant Patients

Athlete Nutrition

INTERNSHIPS

Maternal and Child Nutrition / Acibadem Altunizade
Hospital

Collective Nutrition / Türk telekom Acibadem Regional
Directorate

Collective Nutrition / Healthy Dishes

Clinical Nutrition / Acibadem International Hospital

Public Health / Acibadem Bakırköy Hospital

PROFESSIONAL ASSOCIATIONS AND ORGANIZATIONS IN WHICH THEY ARE A MEMBER

2020- Dietitians Association of Türkiye

COURSE CERTIFICATES

July 2018- Occupational Safety Course/Acibadem University

April 2019- Approach to Eating disorders and Obesity Course

June 2019- Sports Nutrition, Academy of Nutrition and Dietetics

October 2019- 8th National Healthy Living Congress Probiotic-Prebiotic Course

FOREIGN LANGUAGE

ENGLISH